

<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Meat Option</i>	<i>Chicken Curry</i>	<i>Sausage Casserole</i>	<i>Roast Dinner</i>	<i>BBQ Chicken</i>	<i>Chicken Burger Fish Burger</i>
<i>Vegetarian Option</i>	<i>Vegetable Curry</i>	<i>Mixed Bean Casserole</i>	<i>Vegetable Bake</i>	<i>Vegetable Lasagne</i>	<i>Veggie Burger</i>
<i>Vegetable Accompaniments</i>	<i>Mixed veg Cabbage</i>	<i>Peas Carrots</i>	<i>Green Beans Roasted Veg</i>	<i>Corn on the Cob Broccoli</i>	<i>Sweetcorn Beans</i>
<i>Carbohydrates</i>	<i>Rice</i>	<i>Mashed Potato</i>	<i>Roast Potatoes</i>	<i>Potato Wedges</i>	<i>Chips</i>
<i>Pudding</i>	<i>Chocolate Chip Cake</i>	<i>Sticky Toffee Pudding & Ice Cream</i>	<i>Fruit Crumble & Custard</i>	<i>Lemon Meringue Pie</i>	<i>Caramel Shortbread</i>

