

Week Two

Menu Course

Hot Meal Choice

Vegetarian

Dessert

Monday

Sausage, Mash and Gravy
Spaghetti Bolognaise

Cauliflower and Lentil Curry

Pineapple Upside Down
Custard

Tuesday

Minced Beef Hot Pot
Salmon Bake

Chinese Stir Fry & Noodles

Oaty Rhubarb Crumble
Custard



Wednesday

Roast Chicken and
Stuffing
Lamb Keema & Rice

Cheese & Tomato Quiche

Fresh Fruit Salad
Yoghurt

Available Every Day

A Selection of Fresh Vegetables
Jacket Potatoes & Fillings
Freshly Made Sandwiches
Fresh Fruit
Yoghurts
Traybakes
Drinks

Thursday

Spanish Meatballs
Bacon, Leek and
Cheese Bake

Pasta Pomodoro

Banana & Chocolate Sponge
Chocolate Sauce



Friday

Breaded Fish
Chicken Chow Mein

Butternut Squash Risotto

Apricot Bar
Custard