

Week Three

Menu Course

Hot Meal Choice

Monday

Minced Beef Pie & Gravy
Sweet & Sour Pork

Tuesday

Chicken & Vegetable Casserole
Minced Beef Lasagne

Wednesday

Salmon and Fish Pie
Chicken Tikka Masala

Thursday

Roast Pork and Apple Sauce
Beef Chilli

Friday

Fish Goujons
Beef Tagliatelle

Vegetarian

Dessert

Roast Tomato & Basil Pasta

Lemon Steamed Sponge
Custard

Spinach & Sweet Potato Curry

Fresh Fruit Salad
Yoghurt

Pasta & Bean Bake

Oaty Peach & Apricot Crumble
Custard

Vegetarian Shepherds Pie

Treacle & Date Sponge
Custard

Wholemeal Pizza Slice

Fruity Gingerbread
Custard

Available Every Day

A Selection of Fresh Vegetables
Jacket Potatoes & Fillings
Freshly Made Sandwiches
Fresh Fruit
Yoghurts
Traybakes
Drinks

