

Settle College Policy for Sex Education & Relationship

The objective of sex and relationship education is to help and support students through their physical, moral and social development. It is about the understanding of the importance of family life, stable and loving sexual relationships, respect, love and care. It is not about the promotion of sexual orientation or sexual activity.

A copy of the Sex Education & Relationship Policy will be available to parents on request. The College prospectus will contain a statement advising parents of their right to withdraw students from Sex education, which falls outside the National Curriculum.

Principles

1. To prepare students for the responsibilities of adult life.
2. To provide students with accurate information and help them to develop skills to enable them to understand difference and respect themselves.
3. To understand human sexuality and learn about obtaining appropriate sexual advice.
4. To liaise with external agencies and seek advice information and support.
5. To respect the right of parents to withdraw students from sex education which does not form part of the National Curriculum.
6. To give all students access to a clear coherent and co-ordinated programme through different areas of the curriculum allowing them to re-visit different issues as they mature.
7. To enable students to learn about contraception and the range of local and national sexual advice, contraception and support services.
8. Teacher's personal beliefs and attitudes will not influence the teaching of sex education.
9. To ensure that training opportunities are available to staff involved in delivering sex education through the PSHCE programme.

Delivery of Sex Education

1. The programme is delivered through PSHCE, Science and Enrichment Days.
2. A wide range of learning and teaching methods will be used.
3. Schemes of work and detailed lessons notes will be provided for teachers teaching sex education through the PSHCE programme.
4. Peer educators and the College Nurse are also involved in the delivery of sex education at KS3 and 4.
5. An open clinic is run by the College nurse on a weekly basis for students to obtain advice on medical matters.
6. An outline of the Sex Education programme is given in Appendix 1.

Contents

- Fertilisation in humans, adolescence, the human reproductive system, how the foetus develops.
- Social and emotional changes.

- Facts and issues related to contraception, HIV, STIs, child rearing, abortion, and pregnancy.
- Sex and the law.
- Influence of peers and assertiveness.
- Relationships.
- Sexual hygiene.
- Stereotyping.
- Health care agencies and support.
- Marriage and divorce.

Teaching Guidelines

1. A set of ground rules will help teachers create a safe environment in which to teach sex education. It is good practice for the class to work out the set of ground rules.
2. Teachers should formulate clear boundaries before discussing sensitive topics
3. It is not appropriate for a teacher to deal with explicit issues raised by an individual student with the whole class.
4. Staff should not give advice to individual students on contraceptives or other aspects of sexual behaviour; this should only be done by the College Nurse.
5. Teachers should not offer students confidentiality about sexual matters without the knowledge or consent of parents. If approached by an individual student under 16 for specific advice on contraception or any other aspect of sexual behaviour teachers must encourage the students to seek advice from a parent or the College Nurse. The College nurse is qualified and permitted to give confidential advice where she deems appropriate. If unsure teachers must speak to the Vice Principal.
6. Guidance on action to be taken on child abuse is given in the Child Protection Policy.

Staff Responsibilities- Overview

Governing Body	<ul style="list-style-type: none"> • Ensure compliance with statutory guidance. • Review the policy annually.
Principal	<ul style="list-style-type: none"> • Monitoring and Review of the policy ensuring whole school compliance with the policy.
Member of the Leadership Group line managing Humanities	<ul style="list-style-type: none"> • Oversight of sex education delivery.
Vice principal	<ul style="list-style-type: none"> • Ensuring this policy is part of the New Staff Induction programme. • Child protection guidance.
PSHCE Subject Leader	<ul style="list-style-type: none"> • Delivery of Sex and relationship programme. • Co-ordination of visiting speakers. • Co-ordination and delivery of Enrichment Day. • Ensuring compliance with national healthy schools standards. • Writing Schemes of Work. • Providing guidance and support to teachers

	delving the programme.
Teachers/Support Staff	<ul style="list-style-type: none"> • Delivery and planning of lessons. • Support for Enrichment days. • Following the guidelines in this policy.

Parental Rights

Parents may withdraw their son/daughter from any or all parts of sex education other than those parts which form part of National Curriculum Science. Parents who wish to express this right should contact the Principal.

September 2010

To be reviewed annually

Appendix 1

Sex and Relationship Education Programme Outline

<u>Year Group</u>	<u>Topics Covered</u>
Year 9	Pregnancy and child birth (Science) Self-esteem (PSHCE) Positive Relationships (PSHCE) Peer pressure or unwanted sexual advances (PSHCE) STIs, internet grooming and contraception (PSHCE)
Year 10	Pregnancy and child birth module (Science) Keeping Healthy module (Science) Relationships and communication skills (PSHCE) STIs (PSHCE)
Year 11	Sexually transmitted diseases (Science) STIs (PSHCE) Contraception (PSHCE) Where to get professional advice (PSHCE) Positive relationships (PSHCE)
Sixth Form	Health and Safety module including Sexual Health (PSHCE)